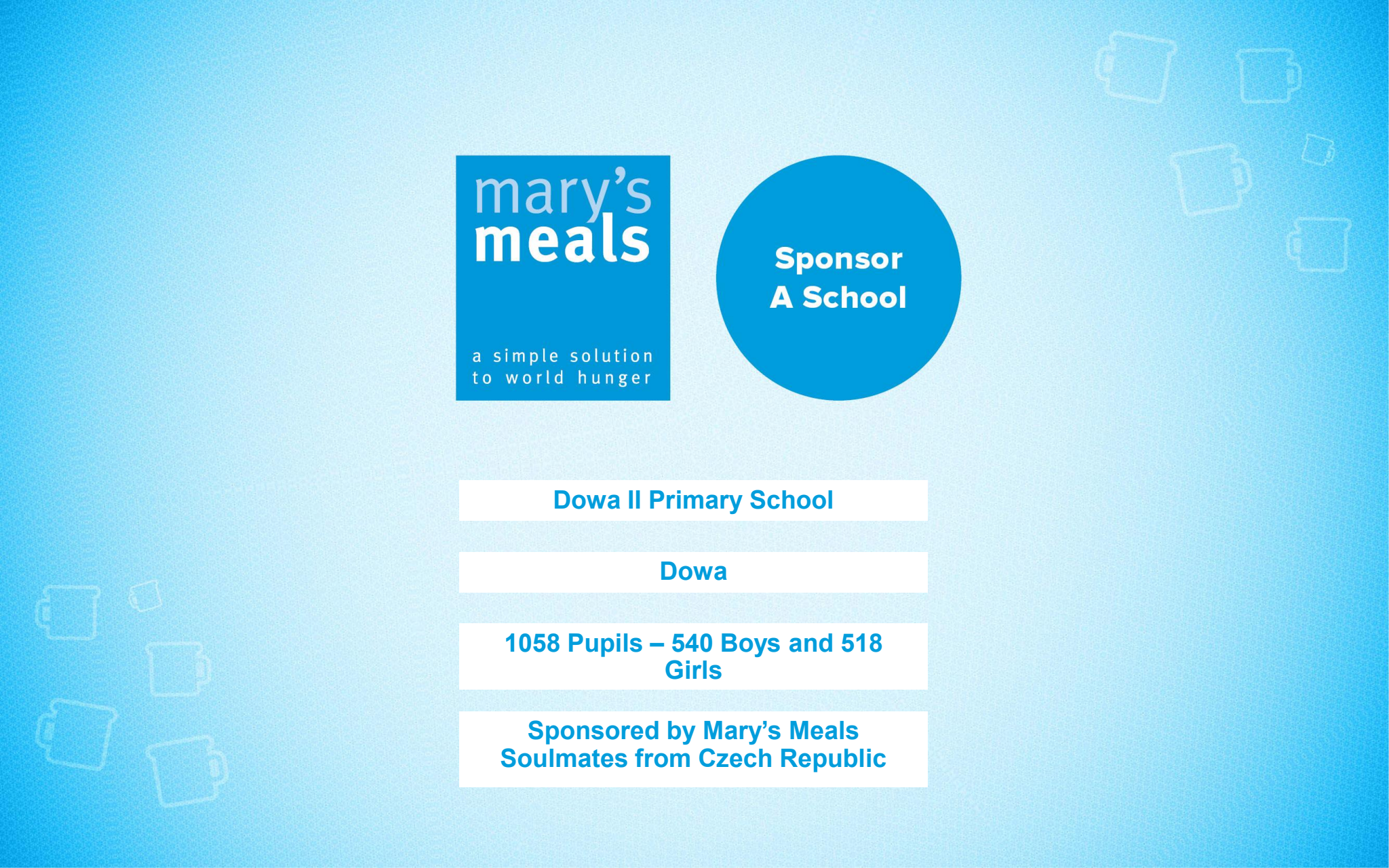




**mary's
meals**

a simple solution
to world hunger

**Sponsor
A School**

Dowa II Primary School

Dowa

**1058 Pupils – 540 Boys and 518
Girls**

**Sponsored by Mary's Meals
Soulmates from Czech Republic**



"The school feeding programme enables a lot of learners to do well when it comes to examinations both at school level and national level. It will also help our children to become better leaders of tomorrow".

Augustine, Headteacher



"When I was a child, there was no in school feeding programme, but now our children are enjoying porridge each school day".

Violet, Volunteer Cook



"The porridge helps me to be energetic, happy all day and I attend classes without any problems".

Edward, age 16



"I and my fellow children who receive Mary's Meals, are always happy to go to school. We enjoy our food and we work hard at school".

Agness, age 11

Sponsor
A School



Dowa II Primary School

FACT FILE

MALAWI



Malawi was the first country to receive Mary's Meals. We have been serving children here since **2002** in close collaboration with the **Government of Malawi**. We have also joined forces with local partner **MCSPA** to deliver in-school feeding in difficult-to-reach areas.

Mary's Meals operates in most regions of Malawi and our programme feeds almost one third of all primary school-age children in the country.



We are currently feeding **1,043,455** children.



We feed in a total of **1,011** primary schools and Early Childhood Development Centres across Malawi.



A typical school meal consists of **maize or soya porridge** boosted with minerals and vitamins, known locally as '**likuni phala**'.

Continent	Capital	Population
Africa	Lilongwe	19,129,955 (2020) ¹
HDI Rank	Life expectancy	Currency
174 of 189 ²	64.2 ³	Malawian Kwacha
Main exports	Language(s)	
Tobacco, cane and beet sugar and tea	Chichewa is the primary language. English is also taught in all schools	

Sources: ¹ Worldbank.org | ² Human Development Reports | ³ Life Expectancy in Malawi



- The Mary's Meals school feeding programme provides a much needed safety net for families who worry about how to feed their children.
- The vast scale of poverty and continued food insecurity faced by the people here is amplified by the adverse effects of climate change.
- Most families rely on smallholder farming to live, but this has become increasingly unstable as rising numbers of droughts and floods leave limited capacity for recovery and food production.



70.3% of the population live below the International Poverty Line of **\$1.90** USD per day.⁴



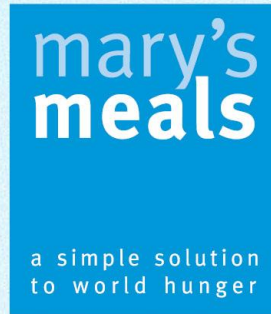
45.9% drop-out rate in primary school age children.⁵



Around **1.9 million** people have insufficient food intake.⁶

Sources: ⁴ Human Development Reports | ⁵ Human Development Reports | ⁶ HungerMap LIVE

Thank you for your support!



marysmeals.org

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