



Sponsor A School Mpapa Primary School

Chipangali, Zambia

Number of children in school 442
(221 Boys and 221 Girls)

**School sponsored by
Family Ace**





“I have been here at Mpapa Primary School since August last year and I have been School and Nutrition Health Co-ordinator since then. I deal with the school feeding every day ensuring that the learners have their porridge and they come here to learn. I see them enjoying their porridge and it has been very helpful to them. As a teacher, I see the difference in them before they eat and after, especially in their participation in class as they become lively after eating their porridge. I just make sure I don't let them down”.

School and Nutrition Health Co-ordinator
- Bridget Mulenga

“Elliot is my name. I want to be a Police Officer when I grow up because I like it and I admire the job. I am passionate about school and when I come here, I eat the porridge every day. It helps me to have power and helps me to study and I do well in class. Last term I passed class, and I am aiming to pass this term. Mary’s Meals helps me and others a lot”.

Student - Elliot





“When I grow up, I want to be a teacher. I admire them when they are teaching in front of us. I also want to help my parents. I currently stay with my grandmother and three siblings while my mother is in town with my father. Three of us come to this school and we all eat porridge. We all come with our cups and have our porridge here. The porridge makes us not to stay hungry and keep us going. It helps me put in my best at school which even made me pass term two of this year.

Student - Stella

“The enrolment for this School has been going up steadily since the inception of School Feeding. Absenteeism has reduced, learners don’t abscond classes and as a result the general performance at this school has improved. There is also the nutrition value that I have seen getting improved among the learners. They look healthy. The Community is also very supportive, and they show up whenever their services are needed. I just love the partnership we have with the community and Mary’s Meals because it’s working very well for the children”.

Headteacher - Lillian Lungu



FACT FILE ZAMBIA



Mary's Meals first began serving nutritious meals to children in Zambia in **2014**. Our school feeding programmes extend across ten districts in the Eastern province of the country: Chadiza, Chasefu, Chipangali, Chipata, Kasenengwa, Katete, Lumezi, Lundazi, Mambwe, and Vubwi. Working in close collaboration with the **Zambian Ministry of Education** and other key stakeholders, we deliver consistent and efficient school feeding through our experienced team, based in Chipata.



We are currently feeding **335,143** children in **668** schools across the country.



We feed children between the ages of **4** and **18**.



The typical school meal we serve is a **maize and soya porridge** which is boosted with vitamins and minerals.

Continent	Capital	Population
Africa	Lusaka	18,383,956 ¹
HDI Rank	Life expectancy	Currency
146 of 189 ²	62 ³	Kwacha
Main exports	Language(s)	
Copper, cobalt, cotton, tobacco and flowers	Over 70, including Bemba and Nyanja with English being the official language for business and the standard in schools	

Sources: ¹ Zambia Population 2021 | ² ZMB.pdf | ³ Life Expectancy in Zambia

Where we feed



Eastern Province



- Zambia has a mostly humid, sub-tropical climate with an average rainfall of 34 inches during rainy season (December- March).⁴
- It is mostly high, flat terrain with a few hills and mountains. Zambia is home to several large lakes, 20 national parks and 34 game management areas.
- Less than 5% of the land is suitable for farming crops.



An estimated **14%** of people in Zambia have insufficient food intake.⁵



There is a **45%** drop-out rate in primary schools within Zambia.⁶



57.5% of people in Zambia live below the poverty line of **\$1.90** USD per day.⁷

Sources: ⁴ Country Reports Zambia geography | ⁵ HungerMap LIVE | ⁶ Human Development Reports



Thank you

for supporting Mary's Meals.

