

mary's
meals

a simple solution
to world hunger

Sponsor A School

Namwiri Primary School

Blantyre, Malawi

936 Pupils – 467 Boys and 469 Girls

Sponsored by Czech Republic

Fundraising Group





“When learners have just arrived from home, they look forward to receiving porridge and they hang around the kitchen premises. After eating porridge learners look happy and energetic. In class, they actively participate, and they do not give excuses to run away from classes.”

Aurelius, Headteacher

“During my school days, here at Namwiri Primary School, there was no porridge and I failed to complete my primary education. Learners today have an opportunity to have porridge at school and they do not want to miss school because of the assurance of a daily meal.”

Agness, Volunteer Cook





“When I have eaten porridge, I listen attentively in class, and I play with my friends because I am not worried about hunger.”

Precious, age 12

“In the next 5 to 10 years, I want to see myself progressing with my studies to secondary level, tertiary level, and pursue a career as a medical doctor.”

Ruth, age 12



Namwiri Primary School
"School feeding is sponsored here
thanks to generous donors from
Mary's Meals Czech Republic;
Friends from Czech Republic."



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FACT FILE

MALAWI



Malawi was the first country to receive Mary's Meals. We have been serving children here since **2002** in close collaboration with the **Government of Malawi**. We have also joined forces with local partner **MCSPA** to deliver in-school feeding in difficult-to-reach areas.

Mary's Meals operates in most regions of Malawi and our programme feeds almost one third of all primary school-age children in the country.



We are currently feeding **1,043,455** children.



We feed in a total of **1,011** primary schools and Early Childhood Development Centres across Malawi.



A typical school meal consists of **maize or soya porridge** boosted with minerals and vitamins, known locally as 'likuni phala'.

Continent	Capital	Population
Africa	Lilongwe	19,129,955 (2020) ¹
HDI Rank	Life expectancy	Currency
174 of 189 ²	64.2 ³	Malawian Kwacha
Main exports	Language(s)	
Tobacco, cane and beet sugar and tea	Chichewa is the primary language. English is also taught in all schools	

Sources: ¹ Worldbank.org | ² Human Development Reports | ³ Life Expectancy in Malawi



- The Mary's Meals school feeding programme provides a much needed safety net for families who worry about how to feed their children.
- The vast scale of poverty and continued food insecurity faced by the people here is amplified by the adverse effects of climate change.
- Most families rely on smallholder farming to live, but this has become increasingly unstable as rising numbers of droughts and floods leave limited capacity for recovery and food production.



70.3% of the population live below the International Poverty Line of **\$1.90 USD** per day.⁴

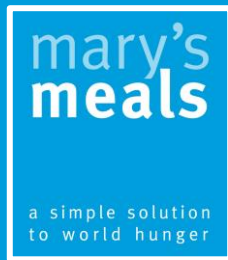


45.9% drop-out rate in primary school age children.⁵



Around **1.9 million** people have insufficient food intake.⁶

Sources: ⁴ Human Development Reports | ⁵ Human Development Reports | ⁶ HungerMap LIVE



Thank you

for supporting Mary's Meals.

