

The logo for Mary's Meals, featuring the text "mary's meals" in white lowercase letters on a blue square background. Below the square, the tagline "a simple solution to world hunger" is written in a smaller white font.

mary's  
meals

a simple solution  
to world hunger

A blue circle containing the text "Sponsor A School" in white, bold, uppercase letters.

**Sponsor  
A School**

**Madugu Primary School**

**Chikwawa, Malawi**

**Number of students: 1,074 – 541 boys and 533 girls**

**Sponsored by Czech Republic Fundraising Group, Mary's Meals Czech Republic**





“I would like to thank Marys Meals for providing the food at this school. learners are now able to attend school in this area.”

**Teacher, Japhet Damakau age 33**



“I like my role as a volunteer because when I cook phala, I help in feeding over 2 million learners. I am always happy to be part of the team that is feeding a lot of hungry children around the world.”

**Volunteer cook, Mercy age 27**





“I come to school to eat phala. At home, we do not have the sweet phala.”

**Student, Brian, age 7**



“I would like to ask my fellow children to eat phala and then focus on education so that they can have a brighter future.”

**Student, Forgiveness age 7**





Madugu Primary School, Chikwawa, Malawi



## FACT FILE

# MALAWI



Malawi was the first country to receive Mary's Meals. We have been serving children here since **2002** in close collaboration with the **Government of Malawi**. We have also joined forces with local partner **MCSPA** to deliver in-school feeding in difficult-to-reach areas.

Mary's Meals operates in most regions of Malawi and our programme feeds almost one third of all primary school-age children in the country.



We are currently feeding **1,043,455** children.



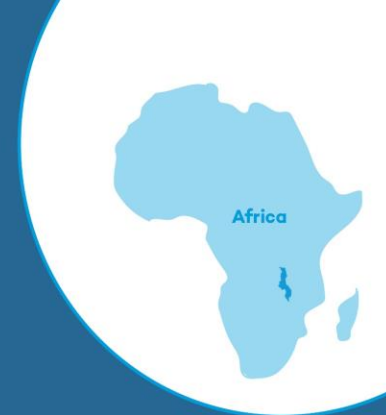
We feed in a total of **1,011** primary schools and Early Childhood Development Centres across Malawi.



A typical school meal consists of **maize or soya porridge** boosted with minerals and vitamins, known locally as 'likuni phala'.

Continent	Capital	Population
Africa	Lilongwe	19,129,955 (2020) <sup>1</sup>
HDI Rank	Life expectancy	Currency
174 of 189 <sup>2</sup>	64.2 <sup>3</sup>	Malawian Kwacha
Main exports	Language(s)	
Tobacco, cane and beet sugar and tea	Chichewa is the primary language. English is also taught in all schools	

Sources: <sup>1</sup> Worldbank.org | <sup>2</sup> Human Development Reports | <sup>3</sup> Life Expectancy in Malawi



- The Mary's Meals school feeding programme provides a much needed safety net for families who worry about how to feed their children.
- The vast scale of poverty and continued food insecurity faced by the people here is amplified by the adverse effects of climate change.
- Most families rely on smallholder farming to live, but this has become increasingly unstable as rising numbers of droughts and floods leave limited capacity for recovery and food production.



70.3% of the population live below the International Poverty Line of **\$1.90 USD** per day.<sup>4</sup>



45.9% drop-out rate in primary school age children.<sup>5</sup>



Around **1.9 million** people have insufficient food intake.<sup>6</sup>

Sources: <sup>4</sup> Human Development Reports | <sup>5</sup> Human Development Reports | <sup>6</sup> HungerMap LIVE



# Thank you for your support!



[marysmeals.org](https://marysmeals.org)

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