

Your Sponsor A School Report

Lupembe Primary School, Karonga, Malawi

Sponsored by: Families from Czech Republic, Mary's Meals Czech Republic

mary's
meals



Thank you for changing lives!

mary's
meals

You're doing something amazing! By providing a daily meal for every child in your chosen school, you're giving young people in one of Malawi's poorest communities the chance to gain a life-changing education.

Without your support, these children could be working in fields, selling on street corners, or even scavenging in the garbage just to survive.

Your generosity makes it possible for **1,504,471 children in 18 countries** to enjoy Mary's Meals each day at school!

Thanks for giving so generously and choosing to sponsor an entire school. We're very excited to share this report about the difference your support is making!



- We work with local communities to provide life-changing school meals in places where poverty and hunger prevent children from gaining an education.
- Mary's Meals began in 2002 when our founder, Magnus MacFarlane-Barrow, visited Malawi during a famine and met a mother dying from AIDS. When he asked her eldest son, Edward, what his dreams were in life, he replied simply: "To have enough food to eat and to go to school one day."
- Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.



About Mary's Meals

- It only costs £13.90 / €15.60 / \$19.50 to feed a child with Mary's Meals for a whole school year!
- We feed 1,504,471 children in 18 countries every school day!
- It's a simple idea that works! Research shows that children who eat Mary's Meals have more energy, feel healthier and happier, find it easier to concentrate and do better in school.
- We are committed to keeping costs low – at least 93% of donations are spent on our charitable work.
- Without passionate, motivated volunteers, our work would not be possible.



- Mary's Meals is owned and run by local communities.
- We provide food, training and equipment so that thousands of volunteers can cook and serve school meals for their children.
- Where possible, we buy food from local farmers and producers. This helps to support local economies and benefits the wider community.
- The promise of a daily meal in a place of learning encourages hungry children to come to school where they can gain a basic education which provides an escape from poverty.



Mary's Meals in Malawi

Malawi is one of the world's poorest countries. Many families live through farming, but struggle to grow enough food.

It is also home to our largest school feeding programme. Today, almost one in three primary school-aged children in Malawi receive Mary's Meals!

Veronica, who became an orphan aged nine, was one of the first children to receive Mary's Meals at school. She recently graduated from university!

She told us: "Eating Mary's Meals at school helped me concentrate and education gave me the confidence to succeed."

"Thank you for helping Mary's Meals so that other children have the chance of a better life and can fulfil their dreams, like I did."



Your sponsorship details

School name: Lupembe Primary School, Karonga, Malawi

Sponsored by: Families from Czech Republic, Mary's Meals Czech Republic

Country



Malawi

Enrolment



823 pupils

398 boys

425 girls

Meal



Vitamin-enriched
maize porridge

Location of your school



About your school

Lupembe Primary School now has 823 pupils enrolled, made up of 398 boys and 425 girls. The children range from Standards 1 to 8.

There are 8 permanent classrooms at the school and the pupils are taught by a total of 10 teachers. The school's water sources are running tap water and a borehole in the school grounds, which is very close to the kitchen, and there are 10 pit latrine toilets on site which are shared equally between the boys and girls.

In addition to a woodlot, the school has a football pitch and a netball court for the children to use.



"I feel happy to see learners eat Phala and work hard in class."

– Shupy Banda, Volunteer Cook

"Phala gives me energy. Phala gives me strength. I was position 8 last term. I want to be a Doctor to help the sick. I like Chichewa, Bible Knowledge and English."

– Priscila Mwakisalu, 10 years old, Standard 4

"Phala gives me energy. Phala makes strong. I was position 4 last term. I want to be a Teacher to educate learners. My favourite subjects are; Bible knowledge, Chichewa and English."

– Evance Malongo, 12 years old, Standard 5

"Learners performance has greatly improved due to provision of Phala."

– Doreen Munthali, Teacher

Lupembe Primary School
School feeding is sponsored here
thanks to generous donors from
Mary's Meals Czech Republic,
Families from Czech Republic.



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Photos from your school



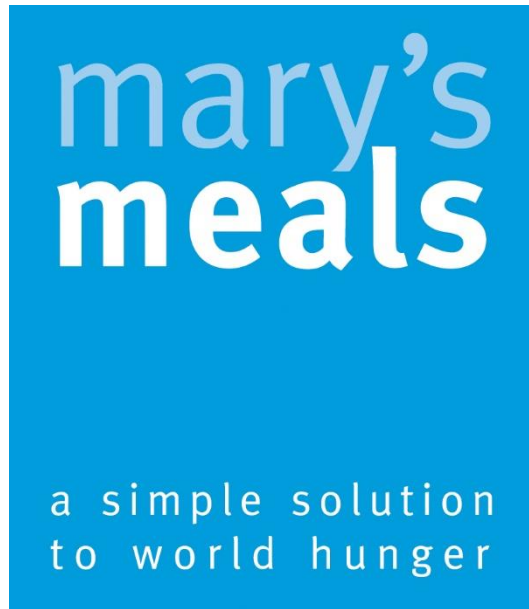




Thank you so much!

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To find out more about Mary's
Meals or to contact our team,
please visit:
marysmeals.org