

Your Sponsor A School Report
Lupembe Primary School, Karonga, Malawi

Sponsored by: Families from Czech Republic, Mary's Meals Czech Republic

mary's
meals



Thank you for changing lives!

You're doing something amazing! By providing a daily meal for every child in your chosen school, you're giving young people in one of the world's poorest countries the chance to gain an all-important education, without the distraction of hunger.

Without your support, these children could be working in fields, begging on street corners, or even scavenging among the garbage just to survive.

It is thanks to the generosity of people like you that Mary's Meals has gone from feeding just 200 children in Malawi in 2002, to providing 1,425,013 children across 18 countries with a life-changing meal every school day.

Thank you for giving so generously to Mary's Meals and choosing to sponsor an entire school. We're very excited to share with you this report on your project!



About Mary's Meals

A quick reminder about our work and our approach...

- Mary's Meals is a simple idea that works. Daily meals served in a place of education attract chronically poor children into the classroom where they can gain a basic education that provides an escape route from poverty.
- Mary's Meals began in 2002 when our founder, Magnus MacFarlane-Barrow, visited Malawi during a famine and met a mother dying from AIDS. When he asked her eldest son, Edward, what his dreams were in life. He replied simply: "To have enough food to eat and to go to school one day."
- Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.



About Mary's Meals

- The average global cost of feeding a child for a whole school year with Mary's Meals is just £13.90 / €15.60 / \$19.50.
- Mary's Meals feeds 1,425,013 children in 18 countries around the world every school day.
- Research shows that schools where children receive Mary's Meals have higher enrolment, better attendance and improved academic performance.
- We are committed to keeping overhead costs low – at least 93% of donations are spent on our charitable work.
- Mary's Meals is a grassroots global movement. Without passionate, motivated volunteers, our work would not be possible.



About Mary's Meals

- Mary's Meals is owned and run by local communities, who cook and serve the meals. We have more than 80,000 volunteers in Malawi alone.
- Wherever possible, our meals are made with locally-grown food, which helps to boost the local economy.
- Our global headquarters is run from a shed in a remote part of the Scottish Highlands.
- Mary's Meals is named after Mary, the mother of Jesus, who brought up her own child in poverty.
- Mary's Meals is a non-denominational charity, which consists of, respects and reaches out to people of all faiths and none.



Mary's Meals in Malawi

Malawi is one of the world's poorest countries, with one in four people living in extreme poverty. It is also one of the worst hit by HIV and AIDS. More than a million children in Malawi have been orphaned by the disease.

Malawi was the first country to benefit from our school feeding programme and this remains our largest programme country. Today, with your help, we're providing meals to around 30% of all primary school-age children across the country!

Ndasalatati, 11, is just one of the children in Malawi who receives Mary's Meals in school. He lives with his parents and three siblings and travels a long distance to get to school each day. The food he receives from Mary's Meals gives him the energy to learn.

He told us: "Porridge makes me feel full. I do better in lessons and I pass my exams now that I can concentrate in class."



School name: Lupembe Primary School, Karonga, Malawi

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Country



Malawi

Enrolment



697 pupils

330 boys

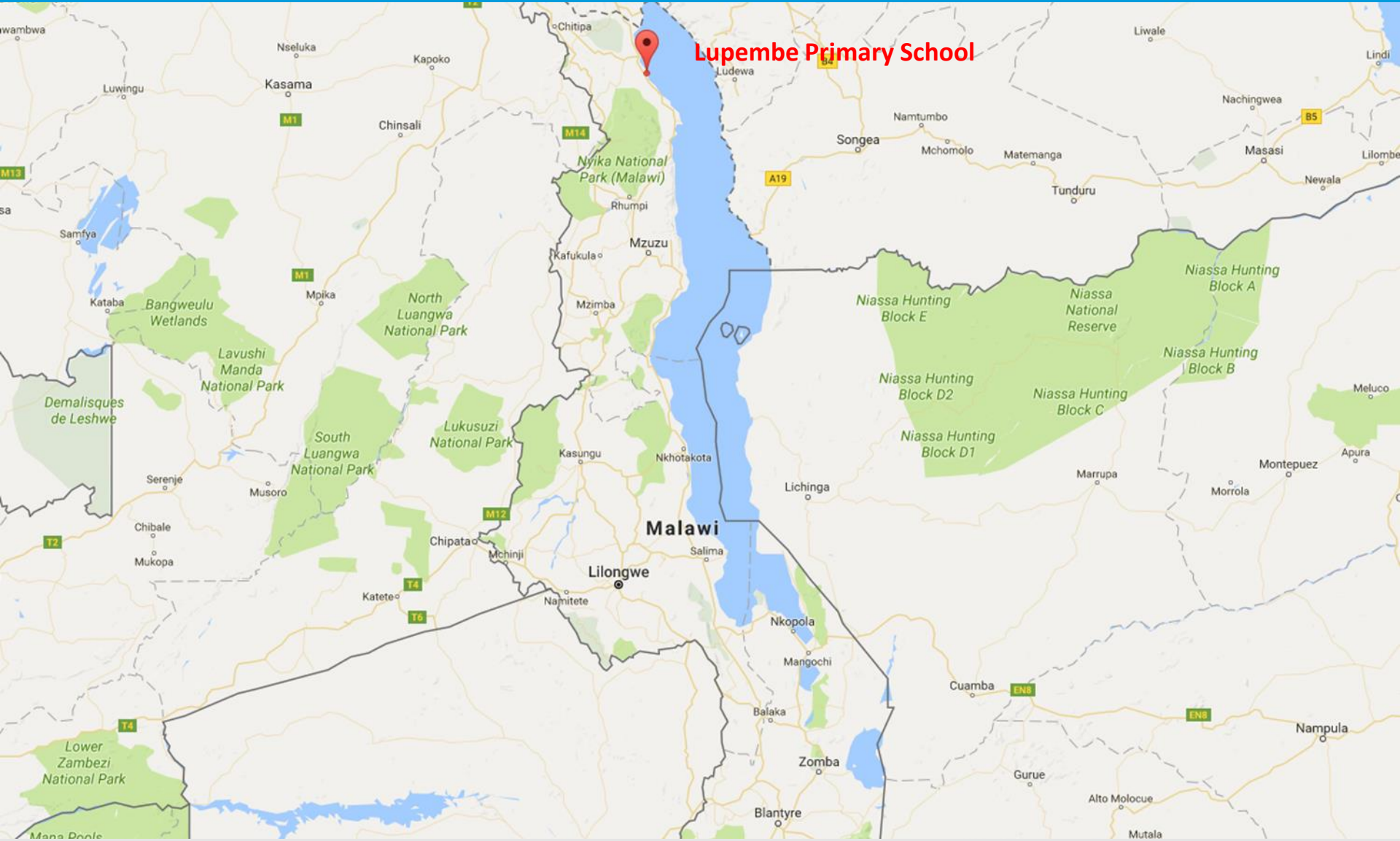
367 girls

Meal



Vitamin-enriched
maize porridge

Location of your school



About your school

Lupembe Primary School now has 697 pupils enrolled, made up of 330 boys and 367 girls. The children range from Standards 1 to 8.

There are 8 permanent classrooms at the school and the pupils are taught by a total of 10 teachers. The school's water source is a borehole in the school grounds, which is very close to the kitchen. There are 10 pit latrine toilets on site which are shared equally between the boys and girls.

There is a garden and the school has a sports facilities for the children to use.



“My favourite subjects are English, Math and Chichewa. I would like to be a teacher. Phala helps me to have energy when attending classes, because I come to school without eating anything at home so its here at school where I find my first food as porridge. When I eat porridge I feel very good and happy.

– **Bertha, age 16, grade 5**

“I like Mathematics and Bible knowledge. I want to be a soldier. When I eat porridge at school, I get satisfied and it helps me to work hard in class. I make sure that every day I come to school early and eat porridge because my mother does not give me breakfast.”

– **Gilbert Kayuni, age 11 years, grade 5**

“I volunteer for Marys Meals because this is for our own development by assisting learners to eat at school and learn well. Porridge help our learners to learn in class with energy and are healthy enough to attend classes.”

– **Alice Kaunda, Volunteer Cook**

“Drop out rates have reduced and attendance rate also have been increased. Porridge has also promoted pass rate and promotion rate because when they eat porridge they get satisfied.”

– **Billy Bwinga, Teacher of Grade 7**

**Lupembe Primary School
School feeding is sponsored here
thanks to generous donors from
Mary's Meals Czech Republic,
Families from Czech Republic.**



Photos from your school





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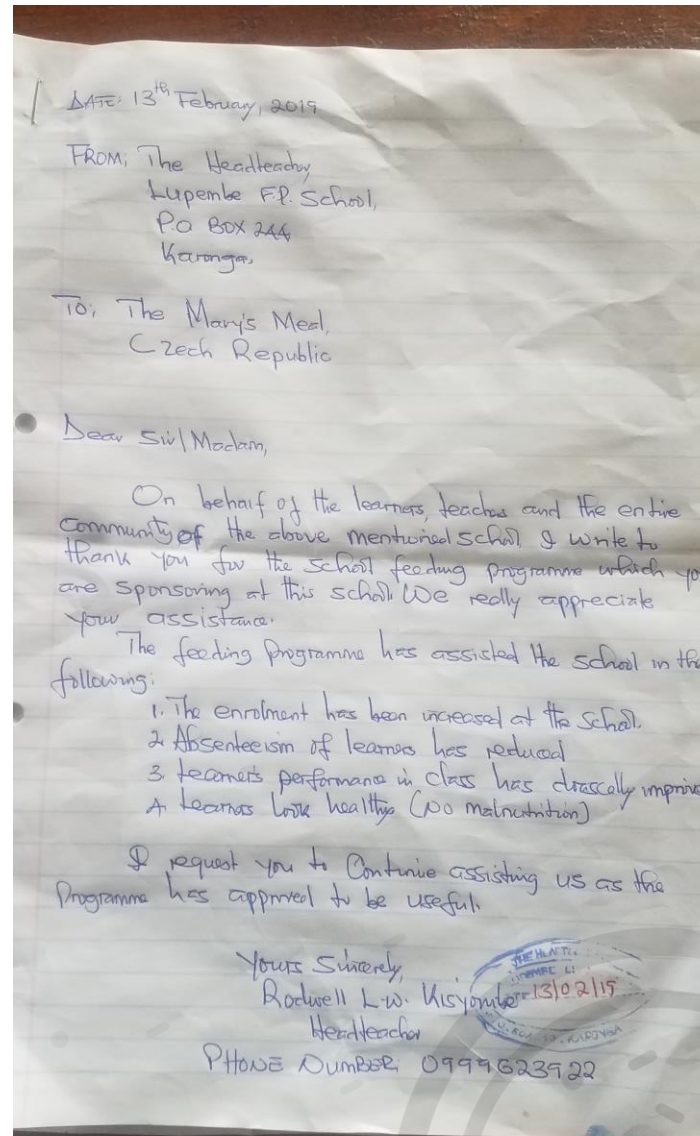


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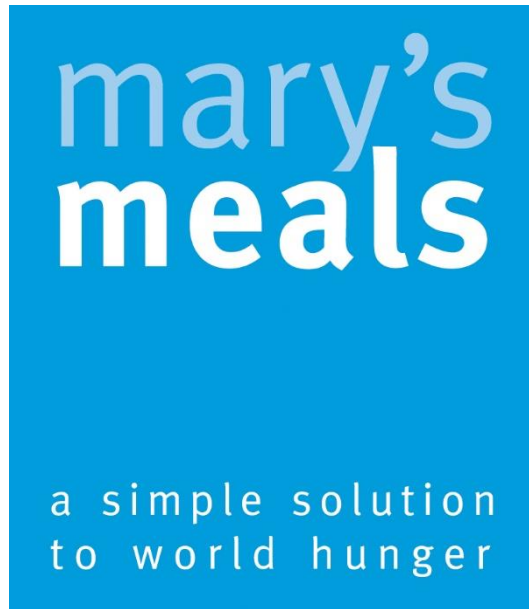




Thank you so much!

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To find out more about Mary's
Meals or to contact our team,
please visit:
marysmeals.org